#### TATIANA CHELADYN DANCE

# DANCE CLASSES & WORKSHOPS



# ABOUT TATIANA

Tatiana holds a Bachelor of Fine Arts degree in Contemporary Dance from Simon Fraser University. She is a choreographer and performing arts educator in Edmonton, AB where she has won several awards for her choreography. Tatiana has traveled around the world to study and teach dance.

## **CLASSES OFFERED**

- Contemporary Technique
- Dance Composition
- Musical Theatre
- · Choreography- Solo & Group
- Acting for dancers
- Dance Improvisation
- Conditioning Stretch,
  Strength, Stamina
- Dance for Film

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### **CONTEMPORARY TECHNIQUE**

Starting with the foundations of modern dance, we focus on movement sequences that work on grounding, flow, and articulation. Option for private lessons.

### **MUSICAL THEATRE**

Get a taste of what it's like to be a triple threat: sing, dance, and act at the same time! This class is geared toward dancers who have little experience singing.

#### **ACTING FOR DANCERS**

Learn the basics of acting and gain confidence performing on stage. Option for private lessons.

#### CONDITIONING

Work on the foundations of all dance technique - flexibility, strength, and stamina.

#### DANCE COMPOSITION

Dancers will learn how to choreograph their own dances. Mentorship available for dancers that want to choreograph their own solo for competition.

#### CHOREOGRAPHY

Learn new performance choreography for shows and competitions. Solos, duets, and group numbers available in contemporary/modern, jazz, and musical theatre.

#### DANCE IMPROVISATION

Become confident in making up movement on the spot and discover your own unique style of dancing.

## DANCE FOR FILM

Make your own dance video! Workshop options: create a solo smartphone video or make a group music video.